

# *Masterclass* ®



## *Professional Development in Humanistic, Somatic & Transpersonal Psychotherapy*

This training is of special interest for Counsellors, Psychotherapists and other healthcare professionals who have an interest in integrating a spiritual and transpersonal approach into their client work.

Each Module presents a thematic unit.

There are three seminars in each module, each being 3 days or 20 hours long. A module will be awarded with 9 CPD Points (accredited by PSI) or 60 hours CPD.

Each seminar has a focus on practice orientation and experiential learning. Participants are also encouraged to discuss their own client work in the group.

[www.biodynamics.ie/masterclass/](http://www.biodynamics.ie/masterclass/)

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## **The Program :**

Module 1 :

Working Therapeutically With The Body  
In Transpersonal Psychology

(completed in May 2009)

Module 2 :

Working with the Subtle Layers in  
Transpersonal Psychology  
(with Rainer Pervoeltz)

1. The Energy-body: Integrating Concepts And Skills Into The Therapeutic Work (Sept. 4 – 7, 2009)
2. Recognising The Here-And-Now: Presence & Essence (Dec. 4 – 7, 2009)
3. **Inner Radiance: An Essential Element in Transpersonal Psychotherapy (Feb. 19-22, 2010)**

**Module 3 :**

**Working With Altered States Of Consciousness**

1. **Holotropic Breathwork™: Opening The Door to the Beyond (April 22-25, 2010) with Ingo B. Jahrsetz, Ph.D.**
2. **The Open Heart: In The Embrace of Empathy and Love (June 11-14, 2010) with Rainer Pervoeltz**
3. **Holotropic Breathwork™ : Opening The Door To The Beyond (Part 2) (September 23-26, 2010) with Ingo B. Jahrsetz, Ph.D.**

## The Presenters:



**Rainer Pervoeltz** is a Gestalt- & Body-Psychotherapist. Trainings with Jack Lee Rosenberg, Eric Marcus and Gerda Boyesen. He was a trainer for the Biodynamic Institute for many years. He co-founded the Chiron Centre in London. Andrew DaPassano was his most important spiritual teacher and he did Taoist energy studies with Mantak Chia. He is now a trainer at the Transpersonal School for Psychology and

Psychotherapy in Freiburg / Germany and works as a therapist and supervisor. Rainer's work fosters further development of Transpersonal Psychotherapy in the framework of Gestalt philosophy, integrating the body & its energetic systems. ( For more info on [www.biodynamics/masterclass/](http://www.biodynamics/masterclass/))



**Markus Hohmann** is a Biodynamic and Transpersonal Psychotherapist, working in Cork and Bantry, Ireland. He trained with Ann Ruth, Joachim Otto and Gerda Boyesen and holds the European Certificate of Psychotherapy. Markus is an accredited member of the Irish Assoc. of Humanistic and Integrative Psychotherapy, founder of the Irish Association of Transpersonal Psychology ([www.iatp.ie](http://www.iatp.ie)) and co-

founder of the Bantry Centre for Counselling and Therapy. He is the administrator and assisting trainer of Masterclass.



**Ingo Benjamin Jahrsetz, Ph.D.**

Training therapist in the Grof Transpersonal Training (GTT). Training in Psychodrama at the Moreno Institute Stuttgart, Family therapy (Stierlin) and Systemic Family Constellations (Hellinger). Founder and Honorary Chairman of the Spiritual Emergence Network (SEN), Germany. Private practice in

Psychotherapy in Freiburg, Germany. Chairman and trainer at the School of Transpersonal Psychology and Psychotherapy, Freiburg, Germany. Supervision and training, Seminars in Germany and abroad, lectures and academic publications. Author of: *"Atmen – Psychotherapie und Spiritualität. Stuttgart 1999 (Klett-Cotta).*

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Please contact:  
Masterclass  
Markus Hohmann  
Doire Dubh, Coomhola  
Co.Cork, Ireland

Tel: 00353 – (0)27 – 66951

Email: [masterclass@biodynamics.ie](mailto:masterclass@biodynamics.ie)

[www.biodynamics.ie/masterclass/](http://www.biodynamics.ie/masterclass/)